



# Dosing Guide

## NAD+ Injection 100mg/mL



### IV

#### Recommended Dosing

**For 2-hour weekly infusion:**  
250mg NAD+ (2.5mLs) in  
500ml NS over 2 hours

**For 4-hour weekly infusion:**  
500mg NAD+ (5mLs) in  
1000ml NS over 4 hours

### IM

#### Recommended Dosing

50mg (0.5mL or 50 units)  
up to 3 times per week

### SUB-Q

#### Recommended Dosing

Start with 30 units (0.3mLs)  
every day for at least a  
week, then you may  
increase to 50 units (0.5mLs)  
if desired.

If injecting 30 units: use daily  
If injecting 50 units: use  
ONLY Monday through  
Friday

